

Clinical Biochemistry Speciality Forum

Regional Clinical Biochemistry Urine/CSF Sample Tube Standardisation

Version 1

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Active Date:01/06/2023

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Urine Bottle	Clinical Biochemistry Tests
Yellow top monovette Sarstedt Tube (Plain)	Drugs of abuse screening (Amphetamines, Benzos, Cocaine metabolites, methadone metabolites, Opiates, Cannabinoids).
	ACR/PCR - Albumin, Total Protein, Creatinine (inc. creatinine clearance with paired Li-Hep sample for plasma creatinine).
	Random urine electrolytes – Sodium, Potassium, Chloride & Osmolality
	Urine Amylase
Unine Z	Renal Stone Profile 1 (Urine Cystine screen & urinary pH)
	Urine Oxalate: Creatinine ratio
2	Urine Paraquat
	Urine Porphyrins (Protect from light)
	Urine Trace metals: Urine Arsenic, Cadmium, Chromium, Cobalt, Lead, Mercury, Nickel, Thallium (along with creatinine for metal/creatinine ratio). [NOTE: For Mercury – send urine sample to the Trace Metals Laboratory, RVH immediately].
24 hr Bottle – Plain no additives	24 hr Urine Output - Sodium, Potassium, Chloride, Total Protein, Amylase, Urea
	Urinary Free Cortisol Urine 5HIAA [NOTE: Special diet must be adhered to]
	24 hr Urine Output for Trace metals: Copper, Lead, Mercury, Iron.
alk.	[NOTE: For Mercury – Urine should be refrigerated within 4 hours of completion of 24 hr urine collection].
Acidified bottle – 24 hr or random plain universal with acid	This bottle contains HYDROCHLORIC ACID preservative. DO NOT DISCARD. Avoid contact with eyes, mouth and skin
	Calcium, Magnesium, Phosphate [Random and 24 hr] Calcium Creatinine Ratio (Calcium and Creatinine analysed) – Random or from 24 hr collection
	24 hr – Urine Metanephrines (Adults) and Catecholamines (Random spot urine Catecholamine accepted for Paediatric patients).



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Thymol bottle (24 hr) – For metabolic stone work-up and/or Urine Urate	This bottle contains a 10% solution of Thymol/Propan2ol. DO NOT DISCARD Avoid inhalation, contact with eves, mouth and skin.
	Renal Stone Profile 2 (metabolic stone profile – includes urinary urate) Image: Constraint of the stone profile - includes urinary urate) Image: Constraint of the stone profile - includes urinary urate) Image: Constraint of the stone profile - includes urinary urate) Image: Constraint of the stone profile - includes urinary urate) Image: Constraint of the stone profile - includes urinary urate) Image: Constraint of the stone profile - includes urinary urate)

Sample Tube	Clinical Biochemistry Test
White Top Universal (plain tube)	CSF Total Protein, Glucose, Lactate
	CSF Albumin & CSF IgG (for Oligoclonal bands- need paired serum gold top also)
a a a a a a a a a a a a a a a a a a a	CSF Amino Acids
	CSF Xanthochromia (NOTE: Must be 3 rd /4 th sample and protected from light)
	Renal Stones - Calculi (Send clean and dry in a sterile container)

NOTE – Sample consolidation information depicted above. Some specialist requests will require a separate sample bottle for ease of processing and to avoid long delays or tests being missed.